# How To Find WordPress Page & Post Ids

strainingmanual.com/wordpress-tutorials/post-page-id

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## How To Find Your WordPress Page And Post IDs

**Tutorial Contents** 



In this tutorial, you will learn how to easily find your WordPress Page and Post IDs and why knowing this information is useful.

The following tutorials will help you gain a better understanding of the topic covered in this tutorial:

- <u>WordPress Posts vs WordPress Pages Explained</u>
- How To Create A Post In WordPress Part 1
- How To Create A Post In WordPress Part 2
- How To Create Pages In WordPress
- How To Use The WordPress Screen Options Tab

# Why Is Knowing Page IDs/Post IDs Useful?

WordPress assigns a unique ID to every page, post, custom post type (e.g. a product page), and taxonomy (e.g. <u>categories</u> and <u>tags</u>) on your site.

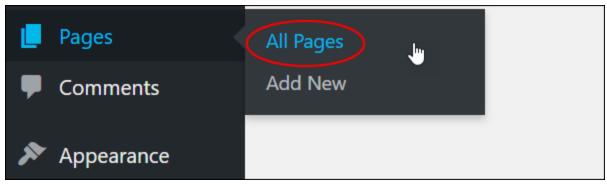
This unique ID is stored on your WordPress database.

Knowing how to find the unique ID of a post or page can be quite useful if, for example, you want to filter out or exclude certain pages from displaying on sections of your site like your sitemap, or conversely, if you want to display only selected posts or pages on lists, tables, sidebar widgets (e.g. the Pages widget), etc.

# How To Locate The ID Of Any Post Or Page In WordPress

To locate the ID of a post or page, log into your WordPress admin area and either go to the **Pages** or the **Posts** screen, depending on which type of ID you are searching for.

For this example, let's say we are looking for the ID of a specific page, so we need to go to the Pages screen. From the main menu, select **Pages > All Pages**.



Select Pages – All Pages

This brings you to the Pages screen.

🔞 🏠 mywp.site 🛡	0 <b>+</b> New
🚳 Dashboard	Pages Add New
📌 Posts	All (26)   Mine (2)   Published (21)   Scheduled (3)   Drafts (2)
93 Media	Bulk actions <ul> <li>Apply</li> <li>All dates</li> <li>Filter</li> </ul>
Pages	Title
All Pages Add New	Ad magni fugiat error quia praesentium omnis
<ul><li>Comments</li><li>Appearance</li></ul>	Animi cumque aut aliquam error nihil
<ul><li>Plugins</li><li>Users</li></ul>	Aut nihil et cum nam iste provident
<ul> <li>Tools</li> <li>Settings</li> <li>Collapse menu</li> </ul>	Aut similique rerum dignissimos nesciunt neque porro
Conapse mena	Blog

Pages screen.

Locate the page (or post) that you are searching for (and want to know the ID of), and hover over the title.

9 Media	☐ Title ▼	
📙 Pages	Wholesale Price List	— Selected Page
All Pages	Edit   Quick Edit   Trash   View	or Post
Add New	Vitae id et sapiente nam mollitia	
Comments		
🔊 Appearance	Similique quis facere sunt	
🖌 Plugins		
よ Users	Sed iste a vitae adipisci — Scheduled	
差 Tools		
<b>II</b> Settings	Sample Page	
Collapse menu	<u>כ</u>	
	Recipe Books	
https://mywp.site/wp-admin/post.php? <mark>post=17</mark>	&action=edit	

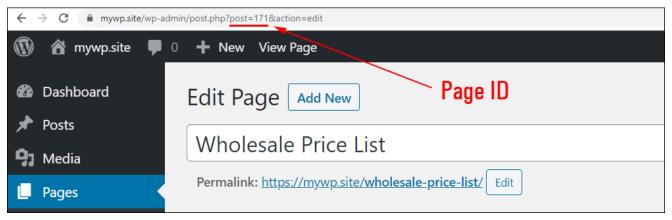
Hover over the selected post or page to view its ID.

The unique ID value of the page (or post) will be displayed in the status bar of your web browser. In our example, the page ID is *171*.

	Sample Page Page ID = 171
https://mywp.site/wp-admin/post.php? <mark>post=171</mark> 8	kaction=edit

Your browser displays the Post or Page ID.

You can also view your Page or Post ID in the URL field (i.e. the web address bar) at the top of your web browser when editing a post or page.



Your Post/Page ID displays on the URL field of your web browser.

If you plan to use this ID for a specific purpose (e.g. to exclude this page from showing on a list or site map), make a note or write down this ID number.

## WordPress Post & Page ID – Practical Uses

Let's go through some of the practical applications of knowing how to find the unique ID of your posts or pages:

### Exclude Posts Or Pages Displaying On Your Visitor's Site Map

You may have created some pages (or posts) on your site that you don't want your visitors to know about or to easily find when looking at your site map. For example, an <u>unprotected</u> <u>download or thank you page</u> or a page containing a special offer for a selected group of users.

Many site map plugins include a section that lets you exclude pages, posts, or categories from displaying to visitors by simply entering their IDs into a field.

Exclude from traditional sitema	р						
Exclude pages	26, 56, 106, 336, 1043 Just add the IDs, separated by a comma, of t	26, 56, 106, 336, 1043         Just add the IDs, separated by a comma, of the pages you want to exclude.					
Exclude Custom Post Type	<ul> <li>Page</li> <li>Post</li> <li>Archive</li> <li>Author</li> <li>Products</li> <li>Courses</li> <li>Units</li> <li>Portfolio</li> <li>FAQs</li> <li>Fusion Templates</li> </ul>	Exclude Posts & Pages using IDs					
Exclude taxonomies	Section Category         Categories         Tags         Categories         Tags         Product categories         Product tags         Product shipping classes         Portfolio Categories         Portfolio Skills         Portfolio Tags         FAQ Categories         Category         Category						
Password protected	Exclude content protected by password						

Use IDs to exclude Posts and Pages from your HTML site map.

#### Exclude Pages From Displaying On Your Sidebar

Another useful application for unique Page IDs is to prevent these from displaying in the Pages Widget on the sidebar area of your site.

Just type in, paste, or enter all of the Page IDs you want to exclude separated by commas into the **Exclude** field of the Pages widget and click the **Save** button to update your settings.

	Main Sidebar		
n Irag it	Appears on posts and pages except the optional Front Page template, which has its own widgets		
•	Search	•	
	Pages	•	
•	Title: Browse Our Site		
•	Sort by: Page title	~	
•	Exclude: 26, 112, 2507 Page IDs, separated by commas.		
•	<u>Delete</u>	Save	

Exclude Pages from your Pages widgets by inputting their IDs.

### **Display Selected Posts or Pages Only**

Conversely, you may only want selected posts or pages to appear on a list (for example, a list of featured posts, pages, or products).

For example, here is a screenshot of a WordPress plugin called <u>Content Views</u> that lets you create custom lists by including only selected posts and pages using different filters, such as their unique IDs.

Edit View																					
For page content, text wi	dget [pt_view id="a466ebb6ro"]		For them	e file	ph</th <th>o echo do</th> <th>_sho</th> <th>tcode("[ </th> <th>pt_vi</th> <th>iew id=a</th> <th>a466</th> <th>ebb6ro]</th> <th>"); ?</th> <th>&gt;</th> <th></th> <th></th> <th></th> <th>C</th> <th>oupli</th> <th>cate this</th> <th>s view</th>	o echo do	_sho	tcode("[	pt_vi	iew id=a	a466	ebb6ro]	"); ?	>				C	oupli	cate this	s view
Preview To see live output, please click Show Preview button.																					
Title	Puppy Toys - Best Sellers																				
	Enter a name to identify yo	ur views ea	sily.																		
Q Filter Settings	🚦 Display Settings 🛛 🗲 Anim	ation	🔀 Shuff	ile Fi	ilter	\$ Adv	ertis	ement		🖍 Style	e Se	ttings						Repor	rt bı	ıg	Save
Content Type	Product					~															
WooCommerce Filters	◯ Sale products																				
	O Recent products											- 1	D۲	ost	ΙГ	le					
	Best selling products													551		,,,					
	<ul> <li>Featured products</li> </ul>												/								
	<ul> <li>Top rated products</li> </ul>																				
	Out of stock products																				
	None of above (use oth	er settings	below)								1	<i>(</i>									
Common	Include Only	16507 ×	16509	×	16511	× 1651	2 x	16513	×	16514	×	16516	×	16517	<b>x</b> 1	16518	×	16519	×	16520	×
		16521 ×	16522	×	16523	× 1652	4 ×	16525	×	16526	×	16527	×	16528	<b>x</b> 1	16529	×	16530	×	16531	×
		16532 ×	16533	×	16534	× 1653	5 ×	16537	×	16538	×	16539	×	16540	<b>x</b> 1	16541	×	16542	×	16543	×
		16544 ×	16545	×	16546	×															
		nter post Il	Os, or typ	oe to	search	by post 1	ïtle.	Drag an	d dr	op to cł	hang	ge displa	iy o	rder of	them.						

Some WordPress plugins let you build custom lists using Posts or Page IDs.

### Exclude Posts Or Pages From Your XML Sitemap

Like site maps for visitors, some SEO plugins let you exclude posts or pages from your site that you don't want search engines to easily find from your XML sitemap by entering their IDs into an 'Exclusion' field.

Inclusions Enter any additional URLs that aren't part of your default pages, posts or custom post types that you wish to be included in the sitemap.	Enter one URL per line
Exclusions	Posts
If you have custom URLs you want explicitly excluded from your Sitemap you can do this here.	Enter any particular post IDs you wish to exclude from your sitemap. Note, you can also exclude posts and pages from the post editor page. e.g. 1,5,6,99
	Enter post IDs separated by commas.
Exclude Posts & Pages using IDs	Custom URLs Enter any custom URLs you want excluded permanently from the sitemap.
	e.g. /excluded-url
	Enter one URL per line

Exclude Posts and Pages from your XML sitemap by entering their IDs.

# Quickly Find Posts, Pages, Or Custom Post Types By Replacing IDs On your Browser

Here's something very handy to know about the way WordPress uses unique IDs for almost everything:

You can load any post, page, or custom post type on your web browser by replacing the ID value of another item's URL and refreshing your browser.

Let's show you what this means and how useful this can be if a situation like the example shown below should ever arise.

Here is a post containing a shortcode used to display a list...

Add Media							
Paragraph $\checkmark$ B I $\coloneqq$ 66 $\rightleftharpoons$ $\doteq$ $\doteq$ $\varnothing$ $\blacksquare$							
Formats 🔻 📲 🗕 🖉 🛱 🖗 Ω 镡 墅 🗇 C 🕑							
A post author bio at the end of every post? I guess you can have too much of a good thing!	(						
With some WordPress themes, however, you may find that all that glitters is not gold.							
For example, you might want an author box that lifts your writers above the ground with cheerful thoughts and links to their social profiles love that shall not die, you can't customize its bio boxes to your heart's content.							
So, do your current author boxes perform as well as they could? Or are they a tragedy of Shakespearean proportions? If you're looking to li below may just do the trick.							
so, without further ado How can we find this item?							
[list id="188013"]							
Hiding the Original Author Box							
Many themes already include an author box, and if this is your case, then you will probably find that the plugins above add a second au	utho						
This was the case when I tried creating this post using the WordPress Twenty Twenty theme.							
Nam semper ipsum eu risus finibus, eget molestie orci malessada.							
Przesent ze ornste mi. In non sollicitudin lorem, se imperdiet sem. Duis id malestada massa, vizze consectetur ligula. Fusce eget tempor							
odio. Vestibulum suscipit, dui eu auctor auctor, diam augue							
condimentum metus, in condimentum justo ligula id lacus. Nam tincidunt tellus milla, in dapibus diam blandit ac. Donec ut accumsan							
arcu. Vestibulum vivera vestibulum quam. In vitae nisi nee ex dictum							
euismod ut et magns. Ut at cursus nunc. Integer non hendrenit leo.							

The shortcode inserted into this post uses only an ID number. How can we find out what list is being used here?

This shortcode, however, includes only the unique ID of the list item ('188013').

Let's say that we need to edit the items included in this list.

How can we find out which list this post is using?

Let's see why this is a problem...

First, let's copy the list item number to our clipboard and paste it into a plain text file as we'll be using this ID in a moment.



Copy the list ID number and paste it into a plain text file.

The site in this example uses a custom post type called "Lists," which is not a default feature of WordPress (i.e. someone created this feature for the site owners.)

If we go to the Lists screen on this site, we can see that they have created over 650 list entries. We need to edit list number '188013.'

Which of these lists is number '188013'?

Lists Add New All (652) Mine (26)   Published (457) Bulk Actions V Apply All		g (147)   Trash (1) Filter		
Title	Title Tag	Author	Last Modified	Date
Pinterest Integration	Pinterest Integration	Brenda	February 14, 2016	Published 2020/09/08
E-Commerce Etsy Shop Themes	E-Commerce Etsy Shop Themes	Brenda	February 14, 2016	Published 2020/09/08
E-Commerce Shop Platforms	E-Commerce Shop Platforms	Brenda	February 14, 2016	Published 2020/09/08
Etsy Plugins     Edit   Quick Edit   Trash	Etsy Plugins	Brenda	February 14, 2016	Published 2020/09/08

This site has over 650 lists. Which list is number '188013'?

Fortunately, you don't have to hover over the title of every item on this screen until you find list item number '188013'. There is a much easier simpler, easier, and faster way.

Here's how to easily find the list we're looking for:

Just click the Edit link of any item on the screen...

Lists Add New				
All (652)   Mine (26)   Published	l (457)   Drafts (48	3)   Pending (147)	Trash (1)	
Bulk Actions 🗸 Apply	All dates	✓ Filter		
Title	Title Tag	Author	Last Modified	Date
Pinterest Integration     Edit Quick Edit   Trash	Pinterest Integration	Brenda	February 14, 2016	Published 2020/09/08

Click the Edit link of any item on this screen.

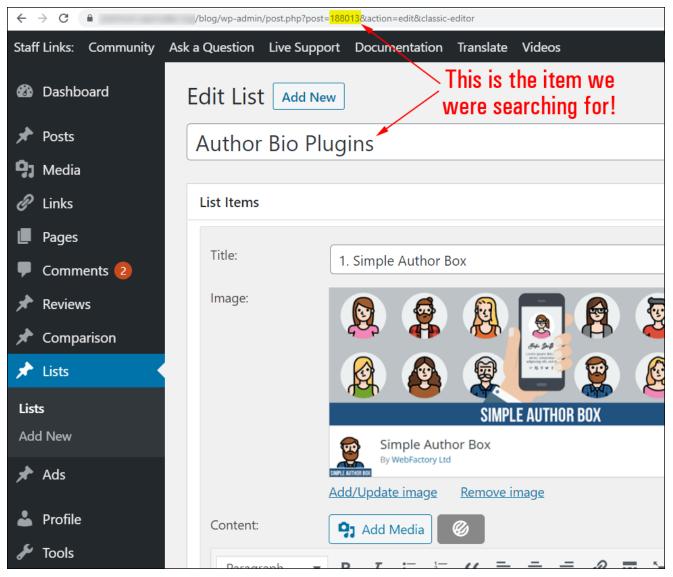
This will load the item into your web browser. Note the item's ID number is included in its URL. In this case, the ID of this list item is *152076*...

$\leftrightarrow$ > C	/blog/wp-admin/post.php?post= <mark>152076</mark> &action=edit&classic-editor
Staff Links: Community	Ask a Question Live Support Documentation Translate Videos
🆚 Dashboard	Edit List Add New Unique ID
🖈 Posts	Pinterest Integration
<b>9</b> 3 Media	
🖉 Links	List Items
Pages	Add New List Item
Comments 2	
🖈 Reviews	Author
🖈 Comparison	Brenda 🗸
🖈 Lists 🔹	
Lists	

The unique ID of this list item is 152076.

All you have to do is replace the ID in this URL with the ID that you've previously copied to your clipboard and hit the Enter key to refresh your browser.

The item you were searching for will then be loaded on your screen and you can now view, edit, or work on it.



We've found the list item with unique ID 188013...hurrah!

## WordPress Plugins – Page/Post IDs

If you work with Page or Post IDs on a regular basis, it's a good idea to install a plugin that will give you quick access to these IDs.

If you search for terms like "reveal ID," "show post ID," etc. in the Add Plugins screen (**Plugins > Add Plugins**), you will find several plugins that can perform this function:

Add Plugins Upload Plugin	nep •
Search Results Featured Popular Recommended Favorites	Keyword 🗸
	116 items 《 < 1 of 4 > »
Reveal IDs     Install Now       What this plugin does is to reveal most removed IDs on admin pages, as it was in versions prior to 2.5.     More Details       By Oliver Schlöbe     By Oliver Schlöbe	Show Pages IDs Install Now More Details Of posts and pages on the admin bar and By YYDevelopment
Image: Comparison of WordPress       Compatible with your version of WordPress	Last Updated: 2 months ago       2,000+ Active Installations       Compatible with your version of WordPress
A73094360014677 C2003 010467 C2003 01047 C2003 01047 C2003 01047 C2003 01047 C2003 01047 C2003 01047 C2003 01047 C2003 01000000000000000000000000000000000	Show IDs by Echo Plugins Show IDs on admin pages for posts, pages, categories, taxonomies, custom post types and more. By Echo Plugins

Several plugins are available that can easily display your Post or Page IDs.

Here are just some of the plugins you can use:

- <u>Reveal IDs</u>
- Show Pages IDs
- Show IDs by 99 Robots
- Show IDs by Echo Plugins
- ID Arrays

Most of these plugins perform a similar function — they add a column to your table of Posts and Pages displaying the item's ID.

Let's go through some of these plugins so you can see what they do.

#### Reveal IDs

	Author	Ψ	Date	Con D	t to since modia	732	✓
Die	Oliver Schlöbe 🖋	ø	2011/09/13 Published	News / Intern, Webwork 🖍	interview, media, wpseek 🖋		
	Oliver Schlöbe 🖋	9 2008/04/23 Published		Netzszene, Privat 🖍	cutie, festival, kokkola, musik, rock, tickets 🖋	171	
Die	Oliver Schlöbe 🖋	Ø	2007/12/11 Published	Netzszene, News / Intern, Webwork 🖋	Aktuelle Stunde, Fernsehen, Mediathek n-tv, rechtschreibpruefung2 4, Surftipp, WDR 🗸		☑▦》Ҏ
01-	Oliver Schlöbe 🕈	0	2007/10/18	Netzszene, News /	Artikel, dpa, Kölner Stadtanzeiger, kwick,	159	✓▦✐₽
<	S Reveal By Oliver S						Download

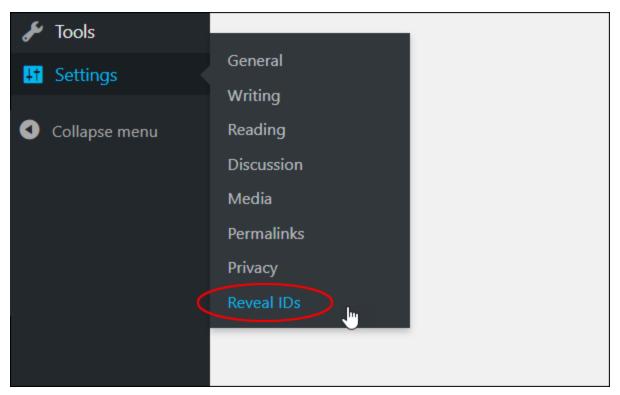
Reveal IDs.

This free plugin displays the IDs for posts, pages, categories, tags, media, users, comments, links, link categories, custom taxonomies, and custom post types. It also adds a sortable column header to your table of Posts and Pages.

<b>II</b> (19	)   Published (19)   Trash (2)	ID Colum	Search Posts				
Bulk	actions V Apply All dates V All Categories V	Filter					19 items
	Title	Author	Categories	Tags	•	Date	<u>D</u>
	Betroot, Pear And Word Salad	Antoinette Vinagrette	Salads	beetroot, cauliflower, grape, kale, kohlrabi, kombu, okra, pear, salsify	_	Published 2020/10/03 at 12:58 am	140
	Figuring Out The Fig Salad	Antoinette Vinagrette	Salads	fig, pear, tomato	_	Published 2020/10/02 at 1:02 am	148
	Mumbo Jumbo Gumbo Salad	Antoinette Vinagrette	Salads	beetroot, broccoli, celery, fava bean, greens, kombu, potato, quandong	_	Published 2020/10/01 at 1:04 am	151
	Paleo Drome Soup Puos Emord Oelap	Antoinette Vinagrette	Recipes, Soups	capsicum, pumpkin, spinach, harissa, sweet potato	-	Published 2020/09/16 at 6:52 pm	98
	Mushroom Recipes For Fun Guys	Antoinette Vinagrette	Recipes, Soups	capsicum, pumpkin, spinach, harissa, sweet potato	_	Published 2020/07/26 at 6:56 am	88
	Cheesy Slogan Recipes	Antoinette Vinagrette	Recipes, Soups	capsicum, harissa, pumpkin, spinach, sweet potato	2	Published 2020/07/18 at 3:37 am	57
	Alphabet Soup Recipes	Antoinette Vinagrette	Recipes, Soups	capsicum, harissa, pumpkin, spinach, sprouts, sweet potato, zucchini	<b>P</b>	Published 2020/06/22 at 1:59 pm	90
	Recipes For Going Nuts And Bananas	Antoinette Vinagrette	Recipes, Soups	capsicum, harissa, pumpkin, spinach, sweet potato	2	Published 2020/06/20 at 9:39 am	96
	Beefcake Recipes For Men	Antoinette Vinagrette	Recipes, Soups	capsicum, harissa, pumpkin, spinach, sweet potato	-	Published 2020/06/07 at 10:00 pm	82

The plugin adds an ID column to your Table of Posts.

You can view all the plugin's settings by going to **Settings** > **Reveal IDs**.



Settings menu – Reveal IDs.

For more information about this plugin, go here: Reveal IDs

0	Title	Categories		Date	ID				
	Scheduled	Unpublished	0	2020/01/01	1153	ID		PAGE ID	ТАХ
			7	Scheduled		1153	POST		
	new tag post - Draft	Uncategorized	Ø	2014/08/18 Last Modified	12		ID		ID
	Draft - Draft	Unpublished	Ģ	2013/04/09 Last Modified	1164	12			
	Markup: HTML Tags and Formatting	Markup	Ģ	2013/01/11 Published	1178	1164		CAT ID	
	Markup: Image Alignment	Markup	Ø	2013/01/10 Published	1177		TAG ID		USER
	Markup: Text Alignment	Markup	Ø	2013/01/09 Published	1176	1178			ID
	Markup: Title With Special Characters	Markup	ø	2013/01/05 Published	1174	1177			
	Markup: Title With Markup	Markup	Ø	2013/01/05	1173				
020 709 473 020 709	23 577 Dr 00 Debet	)s by 99 F	Rob	ots					Download

#### 99 Robots Show IDs

Show IDs.

**<u>99 Robots Show IDs</u>** is another useful plugin that displays your posts, pages, media, links, categories, tags, and users in the Posts and Pages admin tables. It's also very lightweight and supports custom post types and taxonomies.

For more information about this plugin, go here: 99 Robots Show IDs

#### ID ARRAYS

	ID Arrays						
Submit	-						
Displaying IDs of posts and/or pages for category-1, category-3, port-cat-1	Taxonomies	Post Types	Templates	Settings	Read Me		
15.19.52.63.83							
	Name					Slug	Taxonomy
	Category 1					category-1	category
	Category 2					category-2	category
	Category 3					category-3	category
	Category 4					category-4	category
	Category 5					category-5	category
	Category 6					category-6	category
	Port Cat 1					port-cat-1	portfolio_category
	Port Cat 2					port-cat-2	portfolio_category
	Prod Cat 1					prod-cat-1	product_cat
	Prod Cat 2					prod-cat-2	product_cat
	Name					Slug	Taxonomy
<ul> <li>✓ ID 1</li> <li>ID 2</li> <li>By Harry Mandilas</li> </ul>							Download

ID Arrays.

**ID Arrays** adds a column of IDs to your Table of Posts and Pages and provides a useful function that lets you copy a list of selected Post and Page IDs to your clipboard.

Posts Add New							
All (19)   Published (19)   Trash (3)	_			(		Search Posts	
Bulk actions <ul> <li>Apply</li> <li>All dates</li> <li>All Categories</li> </ul> <ul> <li>All Categories</li> </ul> <ul> <li>All Categories</li> </ul> <ul> <li>All Categories</li> </ul> <ul> <li>All Categories</li> <li>All Categories</li> <li>All Categories</li> </ul> <ul> <li>All Categories</li> <li>All Categories</li> <li>All Categories</li> <li>All Categories</li> </ul> <ul> <li>All Categories</li> </ul> <ul> <li>All Categories</li> </ul>	Filter Co	py Selected IDs 140, 148, 88, 9	6			19 items	
Title	Author	Categories	Tags		Date	ID	
Betroot, Pear And Word Salad	Antoinette Vinagrette	Salads	beetroot, cauliflower, grape, kale, kohlrabi, kombu, okra, pear, salsify	_	Published 2020/10/03 at 12:58 am	140	
Figuring Out The Fig Salad	Antoinette Vinagrette	Salads	fig, pear, tomato	_	Published 2020/10/02 at 1:02 am	148	
Mumbo Jumbo Gumbo Salad	Antoinette Vinagrette	Salads	beetroot, broccoli, celery, fava bean, greens, kombu, potato, quandong	_	Published 2020/10/01 at 1:04 am	151	
Paleo Drome Soup Puos Emord Oelap	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sweet potato	_	Published 2020/09/16 at 6:52 pm	98	
Mushroom Recipes For Fun Guys	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sweet potato	-	Published 2020/07/26 at 6:56 am	88	
Cheesy Slogan Recipes	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sweet potato	2	Published 2020/07/18 at 3:37 am	57	
Alphabet Soup Recipes	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sprouts, sweet potato, zucchini	1	Published 2020/06/22 at 1:59 pm	90	
Recipes For Going Nuts And Bananas	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sweet potato	2	Published 2020/06/20 at 9:39 am	96	
Beefcake Recipes For Men	Antoinette Vinagrette	Recipes, Uncategorized	capsicum, harissa, pumpkin, spinach, sweet potato	_	Published 2020/06/07 at 10:00 pm	82	

ID Arrays displays an ID column and adds a function that lets you copy the IDs of selected posts.

This is useful if you are working with a long list of posts or pages and noting down each ID separately would be too time-consuming.

For more information about this plugin, go here: **ID Arrays** 



If you have installed a plugin to display your page or post IDs and cannot see the ID column in the Post or Page screens, open the **Screen Options tab** and make sure that the ID column checkbox is selected.

Columns
✓ Author ✓ Categories ✓ Tags ✓ Comments ✓ Date ✓ ID
Pagination
Number of items per page: 20
View mode
Compact view      Extended view
Apply
Posts Add New

Check your Screen Options tab to make sure that the ID checkbox is selected.

Congratulations! Now you know how to easily find post and page IDs in WordPress.

			h Posts
		1	9 items
Tags	Date	<u>10</u>	
beetroot, cauliflower, — grape, kale, kohlrabi, kombu, okra, pear	Published 2020/10/03 at 12:58	140	/
salsify	am		
beetroot, broccoli, celery, fava bean, greens, kombu, potato, quandong capsicum, pumpkin, spinach, harissa, sweet capsicum, pumpkin, potato capsicum, pumpkin, spinach, harissa, sweet	Published 2020/10/02 at 1:02 am Published 2020/10/01 at 1:04 am Published 2020/09/16 at 6:52 Pm	148 15 <sub>1</sub> 9 <sub>8</sub>	
	beetroot, cauliflower, grape, kale, kohlrabi, kombu, okra, pear, salsify fig. pear, tomato beetroot, broccoli, celery, fava bean, greens, kombu, potato, quandong capsicum, pumpkin, spinach, harissa, sweet	lags     Published       beetroot, cauliflower,     Published       grape, kale, kohlrabi,     2020/10/03 at 12:58       kombu, okra, pear,     am       salsify     am       fig, pear, tomato     Published       beetroot, broccoli,     am       greens, kombu, potato,     Published       capsicum, pumpkin,     Published       potato, harissa, sweet     Published	Tags       Date       ID         beetroot, cauliflower,       Published       140         grape, kale, kohlrabi,       2020/10/03 at 12:58       140         salsify       am       1200/10/02 at 12:58       140         fig.pear, tomato       Published       2020/10/02 at 1:02       148         greens, kombu, potato,       Published       2020/10/01 at 1:04       151         spinach, harissa, sweet       Published       2020/10/01 at 1:04       151

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